

# SOLDIER AND FAMILY READINESS PROGRAM



The Soldier & Family Readiness Program (SFRP) is intended to support Army National Guard Service Members, their Families, and Unit Leadership in the following areas:



## ONE-STOP ASSISTANCE

- Included, but not limited to:
- \*ID Cards/DEERS
  - \*Tricare
  - \*Financial Assistance
  - \*Benefits
  - \*Employment Assistance
  - \*Military Resources
  - \*Community Resources
  - \*EFMP
  - \*Legal Resources and Referral



## TRAINING

- Provide briefings and training to support:
- \*Command Leadership
  - \*Family Readiness Groups
  - \*Soldiers and Families
  - \*State Leadership
  - \*Community Partners



## VOLUNTEER MANAGEMENT

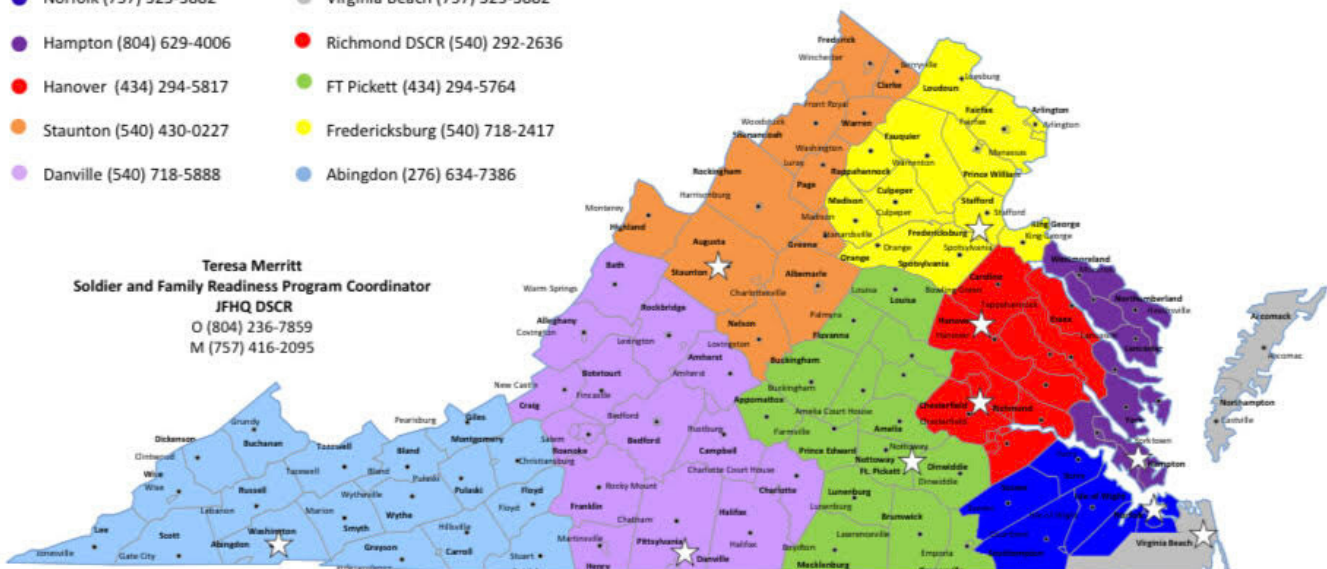
- Volunteers are essential to mission readiness. Positions available include:
- \*FRG Leader
  - \*Secretary
  - \*Treasurer
  - \*Key Callers

## Contact your area Soldier & Family Readiness Specialist!

### ★ SOLDIER AND FAMILY READINESS ASSISTANCE CENTER LOCATIONS

- Norfolk (757) 323-3882
- Virginia Beach (757) 323-3882
- Hampton (804) 629-4006
- Richmond DSCR (540) 292-2636
- Hanover (434) 294-5817
- FT Pickett (434) 294-5764
- Staunton (540) 430-0227
- Fredericksburg (540) 718-2417
- Danville (540) 718-5888
- Abingdon (276) 634-7386

Teresa Merritt  
Soldier and Family Readiness Program Coordinator  
JFHQ DSCR  
O (804) 236-7859  
M (757) 416-2095



**For after hours assistance please contact the Soldier and Family Readiness Hotline at 434-480-6585**

Soldier and Family Readiness Specialist's (SFRS) are strategically located throughout the state to better assist geographically dispersed service members, retirees, veterans, and their families.