

Community Services Boards & Mental Health Centers

Chesterfield CSB www.chesterfield.gov/csb
 Main Line 804-768-7220
 Mental Health Intake 804-768-7318
 Mental Health Crisis Line 804-748-6356

Crossroads CSB www.crossroadscsb.org
Areas Served: Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Nottoway, Prince Edward
 Main Line 434-392-7049
 434-392-7208
 Emergency Services-24 Hour 1-800-548-1688

District 19 CSB www.d19csb.com
Areas Served: Colonial Heights, Emporia, Hopewell, Petersburg, Dinwiddie, Greensville, Prince George, Sussex, Surry
 Main Line 804-862-8054
 24-Hour Crisis Hotline 804-862-8000
 (Toll Free: 1-866-365-2130)
 Emporia Crisis Line (Toll Free): 1-434-634-2020
 Crisis Assessment Center 804-862-6095

Goochland-Powhatan CSB www.gpcsb.org
 Main Line
Goochland 804-556-5400
Powhatan 804-598-2200
 Emergency Services-24 Hour
Goochland 804-556-3716
Powhatan 804-598-2697

Hanover CSB www.hanovercounty.gov
 Main Line 804-365-4222
 Emergency Services-24 Hour 804-365-4200

Henrico CSB www.henrico.us/mhds
Areas Served: Henrico, Charles City, New Kent
 Main Line 804-727-8500
 Request for Services 804-727-8515
 Emergency Services-24 Hour 804-727-8484

Richmond Behavioral Health Authority www.rbha.org
 Main Line 804-819-4000
 Crisis Services-24 Hour 804-819-4100
 TDD 804-819-4145

Southside CSB www.sscsb.org
Areas Served: Brunswick, Halifax, Mecklenburg
 Main Line 434-572-6916
 Emergency Services
Brunswick 434-848-4121
Halifax 434-572-2936
Mecklenburg 434-738-0154

Regional Specific Community Resources

Crossroads
 Pregnancy Support Center www.pscfarmville.org
 Main Line 434-392-8483
 Help-line-24 Hour 1-877-888-8383

Southside Center for Violence Prevention--Madeline's House at Piedmont Crisis Center www.madelineshouse.org
 Main Line 434-292-1077
 Domestic Violence & Sexual Assault Hotline-24 Hour 1-888-819-2926
 Health Center for Women & Families 434-392-8177

Holistic Moms Network
 Southside VA Chapter www.southsideva.holisticmoms.org
 Main Line 1-877-HOL-MOMS (465-6667)
 Partners in Care
 Main Line 434-298-6106
 434-292-9054

Faith-based support services for members, veterans, and families

Habitat for Humanity 434-392-6627
 Adult Literacy Program
 Tri-County Life Learners 434-392-9019

Healing after Suicide Mental Health America www.mhacv.org
 Of Central Virginia 434-847-9055

Kid's Haven: A Center for Grieving Children 434-845-4072

Goochland-Powhatan
 Goochland Social Services/Shelter www.co.goochland.va.us
 804-556-5880
 Goochland Sheriff Department www.goochlandsheriff.org
 804-556-5348
 Goochland Free Clinic & Family Services www.goochlandfreeclinicandfamilyservices.org
 804-556-5480

Powhatan Social Services www.powhatanva.gov
 804-598-5630
 Powhatan Sheriff Department www.powhatanva.gov
 804-598-5656
 The Free Clinic of Powhatan www.freeclinicofpowhatan.org
 804-598-5637

Living Free-Christ Centered Recovery Group 804-556-5700
 Domestic Violence Program-24 Hour 804-980-6267

Richmond
 Richmond VA Medical Center
 Suicide Prevention Coordinator 804-675-5000 (Ext. 3499)

Survivor of Suicide Loss Support Group
 Monument Heights Baptist Church email: namicva@aol.com

Virginia Veteran and Family Support 804-819-4000

District 19
 Mental Health First Aid Training 804-863-1689; 804-862-8002
 Virginia Veteran and Family Support 804-862-8002

Henrico
 Walking Thru the Valley
 Christ Church Episcopal 804-921-2459
 Healing After Suicide 804-458-4586
 Nelson Funeral Home www.nelsonfh.com
 Main Line 804-909-0123
Provides a listing of local support groups in the Richmond area
 Grief Share
 Poplar Springs Baptist Church 804-795-7316
 Place for Teens 804-357-2994

Region IV Psychiatric Hospitals

Bridges Treatment Center
 693 Leesville Road
 Lynchburg, VA 24502
 434-200-5700

Tucker Pavilion Chippenham Hospital
 7101 Jahnke Road
 Richmond, VA 23225
 804-323-8846

CENTRA Virginia Baptist Hospital
 3300 Rivermont Avenue
 Lynchburg, VA 24503
 434-947-4444

University of Virginia Health System
 125 Lee Street
 Charlottesville, VA 22903
 434-924-2198
 434-924-3627

John Randolph Medical Center
 411 W. Randolph Road
 Hopewell, VA 23860
 1-800-999-0374
 804-541-1600

VCU/MCV
 1300 East Marshall Street
 Richmond, VA 23298
 804-828-8200
 804-828-9000

Poplar Springs Hospital
 350 Poplar Drive
 Petersburg, VA 23805
 804-733-6874
 1-866-546-2229 (24-Hour)

Virginia Treatment Center for Children
 515 North 10th Street
 Richmond, VA 23219
 804-828-8822
 804-828-3129

Richmond Community Hospital
 1500 N. 28th Street
 Richmond, VA 23223
 804-287-3581
 804-225-1700

St. Mary's Hospital
 5801 Bremono Road
 Richmond, VA 23226
 804-287-7836
 804-285-2011

Southside Community Hospital
 800 Oak Street
 Farmville, VA 23901
 434-392-8811

Region IV Crisis Stabilization Programs
 St. Joseph's Villa: 804-874-9119
 REACH: 1-855-282-1006

National & Regional Resources

National Suicide Prevention Lifeline

1-800-273-TALK (8255)

National Suicide Prevention Hotline

1-800-852-8336

National Alliance on Mental Illness (NAMI)

1-800-950-6264

National Alliance on Mental Illness-Central Virginia

804-285-1749

National Graduate Student Crisis Line (24 Hour)

1-800-GRD-HELP

American Foundation for Suicide Prevention (AFSP)

804-868-0082

Army National Guard Resilience, Risk Reduction, and Suicide Prevention

434-298-6036

757-406-3345

VA Army National Guard Suicide Prevention Program

434-298-6149

Ft. Lee Suicide Prevention Program

804-734-3415

Jason Foundation Resource Center

Community Assistance Resource

Line (CARL)

972-810-3093

804-320-3911 (Local)

Provides awareness and prevention on youth suicide

VA Child Abuse Hotline

1-800-552-7096

Adult Protective Services Hotline

1-888-832-3858

Alcoholics Anonymous

804-355-1212

www.aa.org

AL-NON

804-353-4885

www.va-al-anon.org

Narcotics Anonymous

804-353-4885

www.na.org

Full Circle Grief Center (Richmond)

804-912-2947

Virginia Veteran and Family Support (South Boston)

434-572-6916 (Ext. 310)

Virginia Department of Veteran Services

804-371-4675 (Local)

1-877-285-1299 (Toll Free)

Resources for Youth & Young Adults

Kids Health

www.kidshealth.org

Provides interactive health related information for youth and teens

Society for the Prevention of

www.sptsusa.org/teens

Teen Suicide

Provides first person messages from other teens and additional resources

ULifeline

www.ulifeline.org

Provides online resources for college mental health specific to your college or university

GradResources

www.itgetsbetter.org

Provides support for young people of the LGBT community

Facebook: www.facebook.com/itgetsbetterproject --"Like" Us

Twitter: @itgetsbetter

Health Planning Region IV

Community Services Boards, Suicide Prevention, and Mental Health Services Resource Guide



A network of community resources dedicated to helping individuals and families live happy, healthy, and meaningful lives